

Do I have COVID-19 or the flu?

Both are respiratory diseases, but they're caused by different viruses. COVID-19 is caused by infection with a new coronavirus (SARS-CoV-2), and flu is caused by infection with influenza viruses.

What symptoms are the same?



- Fever and/or chills
- Cough
- Sore throat
- Headache
- Runny or stuffy nose
- Fatigue
- Muscle pain or body aches
- Vomiting and diarrhea

What makes them different?

Flu:

Symptoms may come on more quickly, between 1-4 days after infection.

COVID-19:

Symptoms may appear 2-14 days after infection. Symptoms can include loss of taste or smell.



Prevent the spread of BOTH influenza and COVID-19:

- Stay home if you might be sick.
- Ask a health care provider if you should be tested for flu and/or COVID-19.
- Wear a mask around anyone you don't live with.
- Stay at least 6 feet away from other people.
- Wash your hands often.
- Don't attend gatherings with more than 10 people.
- Avoid touching your eyes, nose and throat.
- Cover coughs and sneezes.

